Learnovate
Leading Learning Innovation



Reconnecting in a Disconnected World

The Science of Human Connection

Dr Brian Pennie

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CHANGE IS POSSIBLE

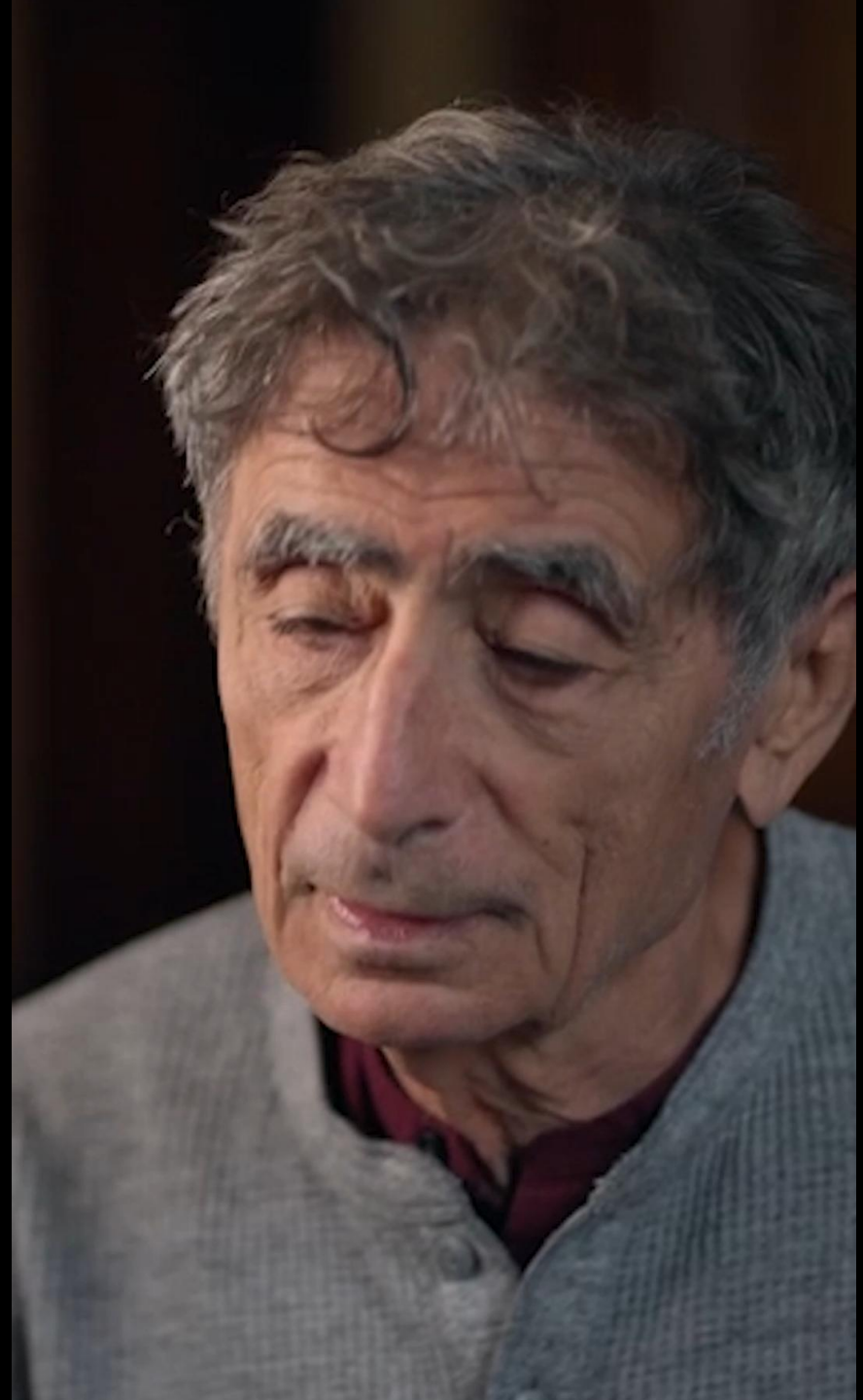


Change is Possible





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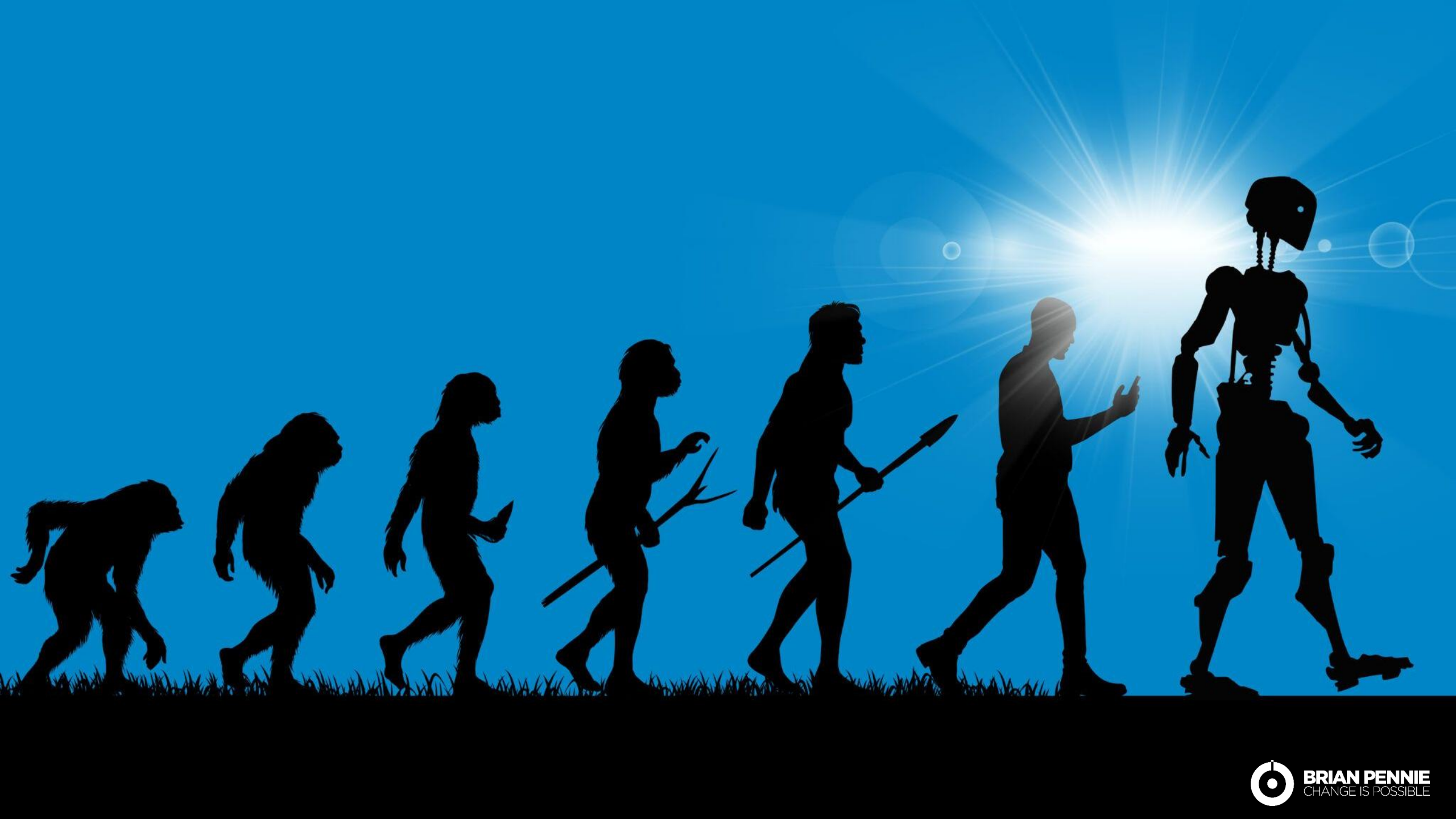
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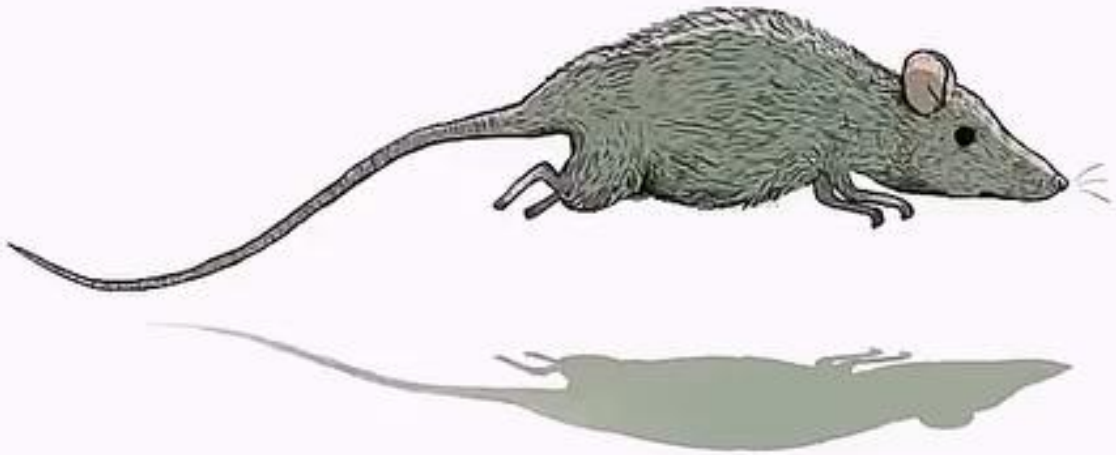
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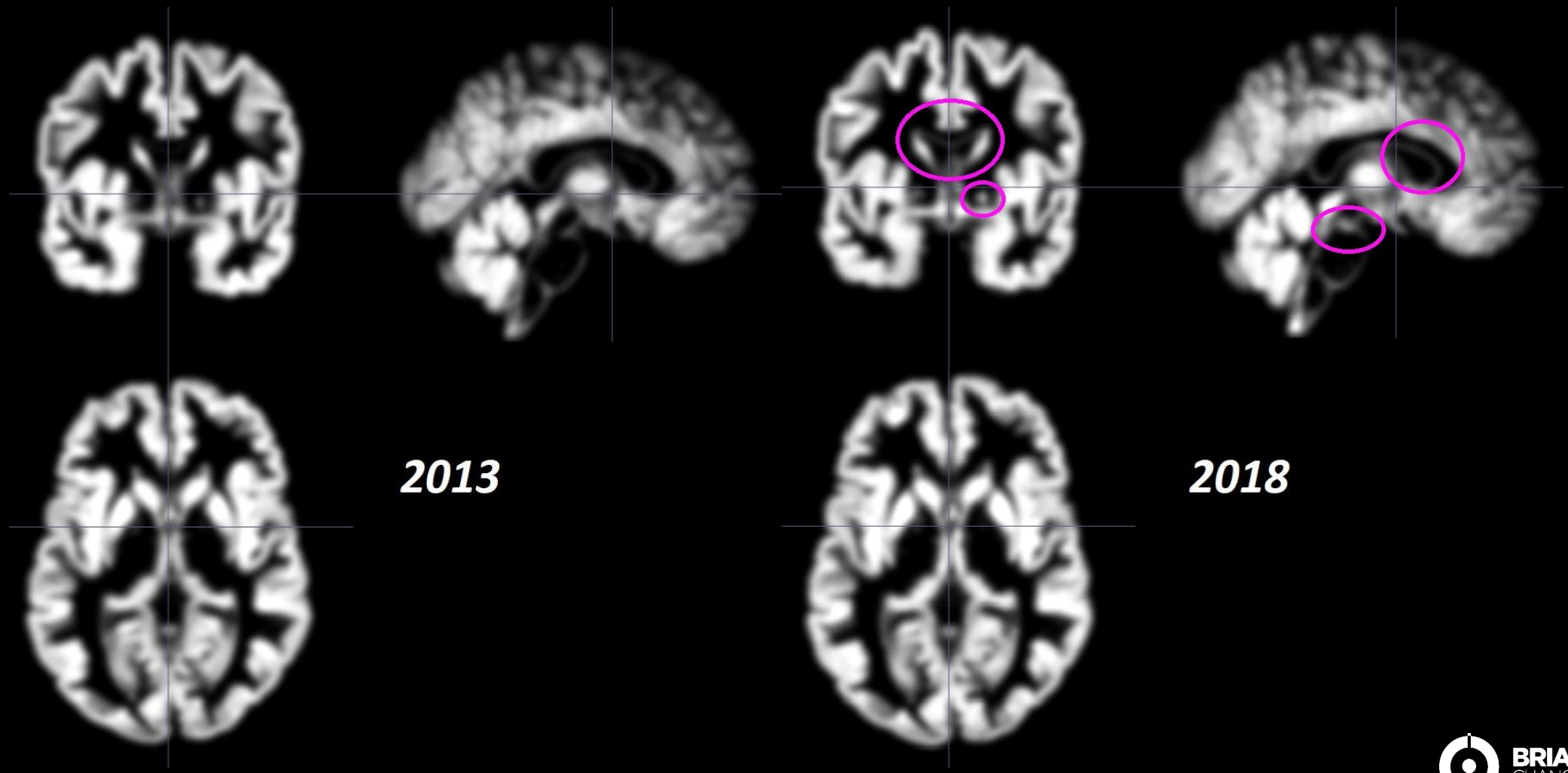


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How our brains can work for us



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There is no magic wand.
Only powerful basics we forget to use.
Anna Geary
Dermot Whelan
Niall O Murchu
Brian Pennie
The Helix
A LUST FOR LIFE
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Social Homeostasis



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Takeaways

1. Connect with yourself
2. Connect with others
3. Connect daily



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Q&A